

## **2004 UNITED KINGDOM EXCHANGE, FX-U2**

**(LCDR Dave Farrow (SEO/COTC))**

1. **Dates**. Depart U.S. Saturday, 26 June to arrive Gatwick Sunday 27 June, return U.S. Saturday 10 July.

2. **General**. Leave US - 26 June (Saturday), arrive London (GATWICK). Stay will include about 8 days aboard the HMS Bristol, sight seeing and lots of cultural immersion, 3 days with the Windsor Sea Cadet unit, and a trip to the beaches at Normandy, France. Specific itinerary to be provided when finalized.

Quotas are as follows:

25 male cadets

15 female cadets

6 male officers, 4 female officers

3. **Training/Activities**. Training at HMS BRISTOL (10 days onboard) to include: Level 1 & 2 boating, both sail & power, small arms training, water survival and firefighting, leadership skills training, etc. Cultural visits attentively include: D-Day Map Room at Dryad, HMS VICTORY warship & Naval Museum, Royal Marine Museum. Cultural visits potentially include Stonehenge & Arundel Castle.

3 days with the Windsor Sea Cadet unit. Potential visit at TS Windsor Castle to include: Windsor Castle tour, London Day trip to include - Tower of London, Westminster Abbey, Buckingham Palace & Trafalgar Square.

4. **Qualifications**.

-15 years or older

-E-3 or above

-Recommended by Unit Commanding Officer

-Be in good physical condition

5. **Logistics/Costs**. Costs will be airfare transportation to and from GATWICK. This cost is the responsibility of the cadet. SEO/COTC will assist with travel arrangements using a consolidator (if possible) and will advise of specifics with regard to times to arrive/depart, flights and where to meet buses at GATWICK. SEO/COTC will meet each cadet at arrival gate. Costs once in country will only be personal expenses. It is advised that cadets bring \$150 spending money. Deposit requirements to lock cadet quotas will be as directed by LCDR Farrow.

5. **Application Procedures**. **CALL LCDR FARROW FIRST AND ADVISE OF YOUR DESIRES TO JOIN AND GET HIS PERMISSION, THEN SEND NSCTNG 001 TO LCDR FARROW FOR FINAL SCREEN WITH DEPOSIT AS DIRECTED BY HIM.** SEO will forward NSCTNG 001's to NHQ for cutting orders. Orders will be sent to cadets unit CO, copy to SEO.

7. **Senior Escort Officer (SEO)/COTC.** LCDR David A. Farrow, 1060 S W 19<sup>th</sup> Street, Boca Raton, FL 33486-6830, tel: (561) 394-5396, fax: (561) 394-3713, e-mail: dafarrow@hotmail.com.

8. **Other.** SEO/COTC will send out uniform list and letter and stay in close contact with cadets, but the following is the basic uniform list:

- 2 sets dress whites (including 2 white covers for males)
- 2 sets tropical whites
- 2 sets work uniform
- 1 lined Navy raincoat
- 1 lined work jacket
- 2 pair sneakers (these are required as part of the uniform on BRISTOL)

1 pair dress black military shoes

Navy PT gear including PT shorts, t-shirt, sweat shirt & sweat pants (all now available thru HQ)

Cadets MUST have all of the above items

This is not the complete sea bag list, but it is basically all of the uniform parts necessary.

Laundry facilities are limited there.

Travel attire is to be Docker-type Khaki pants or relaxed fit type blue jeans (no holes), not loose fit, not baggies, and UK Exchange polo shirt (provided)

**Travel directions - Cadets are not to make plane reservations until approved by SEO. SEO/COTC will coordinate with each individual cadet and will be there to meet all planes and get them on the coach to HMS Bristol. STAY AWAY FROM NON-REFUNDABLE TICKETS!**

Quotas: 40 M/F cadets, 6M/4F escorts.

**PASSPORTS REQUIRED**