

2004 CANADA WEST INTERNATIONAL EXCHANGE, FX-CW

(to Quadra)

1. **Dates.** Saturday 17 July NLT 1600 hours at Vancouver Airport through Sunday 31 July 2004 when cadets are returned to Vancouver Airport.
2. **General.** The training will take place at HMCS Quadra, Comox, British Columbia. This year's contingent will be 5 (total) male and female cadets. This base is a Canadian Sea Cadet Training base. Cadets will be responsible for travel to and from, either car or air, to the airport in Vancouver. After arrival, cadets will remain overnight at Vancouver and early on Sunday cadets will be transported to HMS Quadra by the Canadian Sea Cadet Corps. The Canadian Sea Cadet Corps will also return all cadets to the Vancouver airport. Call SEO for specific details as to times and exact places to meet at the Vancouver airport. LCDR Phil Marlowe, who has escorted for the last six years, will again escort this year.
3. **Training/Activities.** The training at HMCS Quadra will be with approximately 1000 Canadian Naval Sea Cadets. The training consists of sailing, pulling, cooking, sail making, firearms, and military drills. The program at HMCS Quadra covers considerable material in a very short period of time. Cadets applying for the program should be well versed in basic seamanship terminology and skills.
4. **Qualifications:**
 - Must be 16 years of age or older
 - E-3 or above
 - Must have been awarded the NSCC Cadet Citation Ribbon
 - Recommended by the Unit Commanding Officer
 - Not have previously participated
5. **Logistics/Costs.** **Cadets must get themselves to the departure point, Vancouver Airport.** The cost of the exchange is \$80.00 to be forwarded first to the SEO/COTC with your NSCTNG001 Request For Training Authority. SEO/COTC will further forward requests and deposit to NHQ for order writing. Cadets will be advised of any additional costs in advance along with any additional transportation details. As stated, the administrative cost for the program itself is \$80 due to NHQ with the NSCTNG001. In addition, each cadet should bring sufficient funds to cover miscellaneous personal expenses. Uniform information and additional details will be provided by the SEO to those who participate.
6. **Application Procedures.** **Call SEO/COTC and advise of your interest. SUBMIT NSCTNG001 WITH \$80 DIRECTLY TO SEO/COTC, WHO WILL FURTHER FORWARD TO NHQ FOR ORDER WRITING. INCLUDE \$80.00 FEE WITH YOUR NSCTNG001 TO SEO/COTC.** Applications for the exchange must be received at NHQ not later than 18 June. Preference to those who submit early and a first come,

first served policy will apply, so that those who must, can make early flight arrangements.

7. **COTC/Senior Escort Officer**: LCDR Philip Marlowe, 1241Embarcadero Circle, Coos Bay, Oregon 97420-8681tel: 541 888-9309, e-mail: flipmar@coosnet.com

8. **Other**. Quotas: 5 M/F cadets. Additional information to be provided by SEO/COTC.